

Help Me Help Her

Volunteer Application Form

Thank you for your interest in volunteering with Help Me Help Her! Please take a few minutes to fill out this application form to help us better understand your background, skills, and interests. Your responses will assist us in determining the best fit for volunteer opportunities within our organization. Also, please take some time to familiarize yourself with the HMHH website.

Personal Information:

Full Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email Address: _____

Phone Number: _____

Date of Birth: _____

Emergency Contact Information:

Name: _____

Relationship to Applicant: _____

Phone Number: _____

Volunteer Experience:

- Have you volunteered with any other organizations before? If yes, please provide details including the name of the organization, your role, and duration of volunteering.

- What motivated you to apply for a volunteer position with Help Me Help Her?
- Do you have any experience or background in personal safety training, education, social media, or related fields? If yes, please provide details.
- Are you proficient in any specific skills or areas that you believe would be beneficial to our organization? (e.g., teaching, public speaking, first aid, self-defense, networking, art/crafting)

Availability:

- How many hours per week are you available to volunteer with us?
_____ hours per week
- Do you have any specific time constraints or preferences for volunteering? (e.g., weekdays, weekends, evenings)

References:

Please provide the names and contact information of two references who can speak to your character, work ethic, and suitability for volunteering with our organization.

Reference 1:

Name: _____

Phone Number: _____

Relationship to Applicant: _____

Reference 2:

Name: _____

Phone Number: _____

Relationship to Applicant: _____

Declaration:

I certify that all information provided in this application is true and accurate to the best of my knowledge. I understand that Help Me Help Her may conduct background checks or contact references to verify the information provided.

Signature: _____ Date: _____

Please return this completed application form to info@helpmehelpher.org

Thank you for your interest in volunteering with Help Me Help Her! We will review your application and be in touch regarding next steps.

Vicki Kawelmacher
Founder & President